
Day 2: November 18 (Sunday), 2012

Venue 1 Yasuda Conference Hall

Co-Sponsored Event Theme

(Japanese-English simultaneous interpretation available)

**Psychotherapy public seminar:
Toward the development of psychotherapy suitable for Japan**

9:30–10:20 **Conference Chair's Special Lecture**

**Modernization of Japan and psychotherapies:
CBT, Morita therapy, and disaster-affected areas support**

Speaker Haruhiko Shimoyama

University of Tokyo

Chair Kei Nakamura

Jikei University
School of Medicine

10:20–12:00 **Symposium 4**

Culture and psychotherapies: Through CBT and Morita therapy

Symposium 4:

10:20–11:10 **Invited Guest Lecture**

**An exploration of how Western approaches to psychotherapy
might be adapted for Japan**

Speaker Susan Llewelyn

University of Oxford

11:10–11:30 Designated discussion

On CBT and Morita therapy

Designated

Discussant Eugene Mullan

University of Exeter

11:30–12:00 Discussions

Co-chairs

1 Yoshihiko Tanno

University of Tokyo

2 Haruhiko Shimoyama

University of Tokyo

<Lunch break>

13:30–15:30 **Symposium 5**

**Dialogue between the third generation cognitive behaviour therapy (ACT)
and Morita therapy**

Symposium 5:

13:30–14:20 **Invited Guest Lecture 2**

**An ACT of compassion: Acceptance and commitment therapy as an intervention
for chronic and persistent shame and self-criticism**

Speaker Jason Luoma

Portland
Psychotherapy
Center

14:20–14:40 Designated Discussion

From the standpoint of Morita therapy

*Designated
Discussant* Kei Nakamura

Jikei University
School of Medicine

14:40–15:30 Discussions

Co-chairs

- 1 Ishu Ishiyama
- 2 Miho Takahashi

University of British
Columbia
University of Tokyo

16:00–17:50 **General Public Seminar**

Learning the spirit of Japan from performance of *Noh*

16:00–16:40

Original *Noh* Performance: “*ONDINE*”

Author: Ikuo Homma (Original Script: *LA MOTTE-FOUQUE 'ONDINE'*)
Shite: Naohiko Umewaka (Kanze Ryū)
Hue: Keizo Uchigata (Morita Ryū)
Taiko: Munehisa Tokuda (Kanze Ryū)

16:40–17:40 **General Public Seminar**

Breathing and Japanese culture

Speaker Ikuo Homma

Showa University

Chair Haruhiko Shimoyama

University of Tokyo

17:50

Closing Remarks

**Venue 2 Sanjo Conference Hall 1F
Harmony**

09:30-10:30	Individual Presentations 9
10:30-11:30	Individual Presentations 10
12:20-13:20	Luncheon Seminar 1
13:40-14:40	Individual Presentations 11
14:40-15:40	Individual Presentations 12

**Venue 3 Sanjo Conference Hall
Underground Floor Goten**

09:30-10:30	Individual Presentations 13
10:30-11:30	Individual Presentations 14
12:20-13:20	Luncheon Seminar 2
13:40-14:40	Individual Presentations 15
14:40-15:40	Individual Presentations 16

Venue 4 Faculty of Engineering Classroom

9:30–11:00 **Case Study 1 and Designated Discussion**

Designated

Discussant: Toshiko Yamagami

Sawara Hospital

Chair: Mikiko Kubota

Hosei University

11:10–12:00 **Educational Lecture 1**

**Universality and cultural meaning of Morita therapy
in the era of evidence-based psychotherapies:
From a comparative cultural viewpoint**

Speaker Junko Matsumi

Kansei Gakuin
University

Chair Noriaki Azuma

Iwate University

13:30–14:20 **Educational Lecture 2**

**Epochal meaning of Morita therapy:
From the perspective of the history of psychology**

Speaker Tatsuya Sato

Ritsumeikan
University

Chair Kazuhiko Nakayama

Jikei University
School of Medicine

14:30–16:00 **Case Study 2 and Designated Discussion**

Designated

Discussant Kayoko Murase

Chair Kazunori Tatematsu

Hokusho University
Tatematsu Clinic

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10:30-14:30	Sanjo Conference Hall 201	Waiting room for the Luncheon Seminar 1 lecturer
10:30-14:30	Sanjo Conference Hall 202	Waiting room for the Luncheon Seminar 2 lecturer
12:20-13:20	Sanjo Conference Hall 203	Meeting of Morita Therapy Training Seminar Organization Committee
-----	Sanjo Conference Hall Guest Room	Waiting room for lecturers
-----	Faculty of Education Board Room 1	Headquarters of the Conference Organizing Committee (+203), waiting room for student assistants
-----	Faculty of Education 156	Cloak
