

(updated: June 9, 2012; version 5)

The 30th Annual Conference for the Japanese Society for Morita Therapy

November 17 & 18, 2012

Conference Schedule

*General reception desk is located in the Yasuda Conference Hall

** For the pre-conference schedule, see another schedule announcement (coming soon).

Day 1: November 17 (Saturday), 2012

Venue 1 Yasuda Conference Hall

10:00-
12:00

Symposium 1

Dialogue between the latest frontlines of cognitive behavioural therapies and Morita therapy

Titles and Symposists

- | | | | |
|---|--|------------------|-------------------|
| 1 | From the standpoint of
Mindfulness | Fusako Koshikawa | Waseda University |
| 2 | From the standpoint of
the new generation of
CBT | Hiroaki Kumano | Waseda University |
| 3 | From the standpoint of
Morita therapy | Mikiko Kubota | Hosei University |
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Co-chairs

- | | | |
|---|--------------------|---------------------------------|
| 1 | Hideyuki Uchimura | Fukuoka
Psychosomatic Clinic |
| 2 | Haruhiko Shimoyama | University of Tokyo |
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<Lunch break>

13:40-
14:00

General Meeting

14:10-
15:10

Special Lecture 1

Daily life and clinical practice

Speaker Kayoko Murase

Hokuso University

Chair Masafumi Mizuno

Toho University

15:20-
16:20

Special Lecture 2

Clinical practice and methods

Speaker Toshiko Yamagami

Sawara Hospital

Chair Haruhiko Shimoyama

University of Tokyo

16:30-
18:00

Symposium 2

**The 30th Anniversary of Japanese Society for Morita Therapy:
Meaning of Morita therapy in modern era**

*Titles and
Symposists*

1 Japanese culture and Morita
therapy

Kenji Kitanishi

Morita Therapy
Research Institute,
Kitanishi Clinic
University of British
Columbia

2 Morita therapy in the world

Ishu Ishiyama

Co-chairs

1 Toshihide Kuroki

Hizen Psychiatric
Center

2 Kiyoto Kasai

University of Tokyo

Venue 2

**Sanjo Conference
Hall 1F Harmony**

10:00–11:00

Individual Presentations: Section 1

11:00–12:00

Individual Presentations: Section 2

12:30–13:30

Luncheon Seminar 1

14:00–15:00

Individual Presentations: Section 3

15:00–16:00

Individual Presentations: Section 4

< Setting up for an evening banquet and social gathering >

18:30–20:00

Banquet and Social Gathering

Venue 3

**Sanjo Conference Hall
Underground Floor Goten**

10:00–11:00

Individual Presentations: Section 5

11:00–12:00

Individual Presentations: Section 6

12:30–13:30

Luncheon Seminar 2

14:00–15:00

Individual Presentations: Section 7

Venue 4 Faculty of Engineering Classroom

12:30–13:30

Board of Directors Meeting**International Committee for Morita Therapy Meeting**

(time and location to be announced)

16:30-
18:00**Symposium 3****Morita therapy and depression treatment:
Beyond social reintegration**

Titles and Symposists		
1	Making use of Morita therapy between clients and corporate	EAP Hokkaido Inc., Ishikawa Mental-Neurological Clinic
	Takehiro Ogasawara	
2	Making use of Morita therapy in social reintegration	University of Tokyo
	Miho Takahashi	
3	Future of Morita therapy emerged from “rework” support	Odori Koen Mental Clinic
	Hideyo Yamada	
Co-chairs		
1	Kazuyuki Hashimoto	Chofu Hashimoto Clinic
2	Takeshi Ashizawa	Uenae Hospital

Venue 5Time to be
announced**International Symposium** (in English; duration: 2 hours 20 min.)**Current status of international Morita therapy research
and future research prospects**

Co-chairs		
1	Kei Nakamura	Jikei University School of Medicine
2	Ishu Ishiyama	University of British Columbia (Canada)
Opening Remarks		
	Haruhiko Shimoyama	University of Tokyo
Symposists		
1	David Richards	University of Exeter (United Kingdom)
2	Ishu Ishiyama	University of British Columbia (Canada)

	3 Masahiro Minami	Columbia (Canada) Prison Fellowship Rwanda-Morita Centre for Peace and Reconciliation Research in Kigali (Rwanda)
	4 John Mercer	Monash University (Australia)
Concluding Remarks	Kenji Kitanishi	Morita Therapy Research Institute and Kitanishi Clinic
Designated Commentators		
	1 Toshihide Kuroki	National Hospital Organization Hizen Psychiatric Centre
	2 Mikiko Kubota	Hosei University
	Other commentators to be announced	TBA

-----	Yasuda Conference Hall Board Room	Waiting room for speakers
10:30-14:30	Sanjo Conference Hall 001	Waiting room for the Luncheon Seminar 1 lecturer
10:30-14:30	Sanjo Conference Hall 002	Waiting room for the Luncheon Seminar 2 lecturer
-----	Faculty of Education Board Room 1	Headquarter of the organizing committee (+203), Waiting room for students
-----	Faculty of Education 156	Cloak